

**CAPITAL DISTRICT YMCA
ADMINISTRATION OFFICE
465 New Karner Road
Albany, NY 12205**

**GREENE COUNTY YMCA
CAPITAL CAMPAIGN
ANNOUNCES EXCEL
PHYSICAL THERAPY GIFT OF
\$25,000**

The Capital District YMCA announced a \$25,000 contribution designated to the new Greene County YMCA Capital Campaign on Thursday, February 14, 2008 at the Excel Physical Therapy Office

located on Route 9W in West Coxsackie. The Capital District YMCA is in the midst of a \$5 million campaign to build a Greene County Branch in the community.



Thomas Carroll and Alan Palmer, of Excel Physical Therapy, presented Fred Hinrichsen, Board Chair of the Greene County YMCA with a check for \$25,000. Carroll remarked "on the relevance of being born, raised, and schooled in the area and now living, working, and raising a family in the community." Palmer is "excited about the YMCA providing a health and fitness component which will be a valuable asset to the community."

Meredith Menzies Chimento, Executive Director of the Greene County YMCA stated that "it is exciting to see a local business make a significant contribution to the capital campaign. The YMCA is built by community action and community involvement. We are thankful to Excel Physical Therapy for their generous participation."

Fred Hinrichsen, Board Chair for the Greene County YMCA stated "in addition to their tireless work on the Greene County YMCA Board of Managers, Alan & Tom, along with the employees at Excel Physical Therapy have taken a lead position with a sizeable capital contribution the Greene County YMCA. It is because of the commitment of Excel and others like them, that the Greene County YMCA is becoming a reality."

Excel Physical Therapy provides comprehensive outpatient therapy services to children, adults, and the elderly with the goal of decreasing neuromusculoskeletal, cardiopulmonary, and integumentary impairment to maximize function. Offices are located in Coxsackie, Hudson, and Mechanicville.

The YMCA in collaboration with local business and community members look forward to bringing a 40,000 square facility to Greene County. Amenities of the facility will include a Kid's Corner, wellness areas, an aerobics studio, multi-purpose gymnasium, swimming pool, running track, and a community room. The Greene County YMCA also provides school age child care programming at Coxsackie-Athens Central School District.

The Capital District YMCA is a non-profit organization dedicated to the promotion of fitness and healthy lifestyles, strengthened family life, community develop the instilment of leadership qualities in our young people and strengthened international understanding based on Judeo-Christian principles.

FOR INFORMATION:

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